Highest of all in Leavening Power .-- Latest U.S. Gov't Report



## Ups and Downs.

The up prices of children's clothing are the five universities for Scotland alone. prices other dealers ask for like qualities.

The down prices are our his riding a bicycle. prices. The children's cloth- -Gotti, one of the new cardinals, who

\$1, \$1,50 or \$2 the suit, There are none so good to be had any place on earth for so little money.

## SAME PRICE TO ALL. HERMAN & HESS

406 E. DOUGLAS AVE.

Best Messina lemons, 15c doz. Dunn

Some extra nice fresh fish and bulk eysters; also meats, pure hog's lard, cornect and relishes, at Whitlock's market, 213 East Douglas

The little unugater of Mr. Fred Webber, Holland, Mass., had a very bad cold and cough which he had not been able to cure with anything. I gave him a 25 cent bottile of Chamberlain's Cough Remedy, says W. P. Hodlen, merchant and posimaster at West Brimfield, and the next time I saw him he said it worked like a charm. This remedy is intended especially for acute throat and lung diseases such as colds, croup and whooping cough, and it is famous for its cures. There is no dan-ger in giving it to children for it contains nothing injurious. For sale by

You'll find as great variety of food articles at Jor's meat market, 214 North Main street, as in any one line anywhere and all the best.

Best butter, 2 lbs. 25c, Red Front

HOMESEEKERS EXCURSION. The Rock Island Route will have o sale February 11th and March 10th Homeseekers excursion tickets oints in Southern Missouri, Arkansas Louistana and Texas, Arizona, Oklahoma and Indian Territories at one fare for the round trip plus \$2.00. Tick-ets good fifteen days and final limit for return thirty-one days from date of J. H. PHILLIPS, City Ticket Agent.

Willis' new market, 426 North Main street, is as neat and clean as a parlor, and the meats served are the choicest to be had. George Lyddon is the cour

Best Colorado potatoes, 45c bushel at Dunn Bros., 728 N. Main st. 74-3t

ATHLETIC EXHIBITION, EL PASO,

TEXAS. FEBRUARY 14 TO 20, 1896. For the above occasion the Rock Isfand route has authorized a rate of one first class fare for the round trip. Tickets to be sold Febuary 8 to 12, inclusive, Continuous passage each direction, final limit February 22, 1896. Pasdesiring to do so can depo their tickets with joint agent at El Paso on or before February 20 and secure an extension of thirty days from date of deposit. The Mexican Central railway will make the very low rate of \$20 for the round trip from El Paso for the round trip from El Paso to Mexico City, good thirty days with privileges within limit. Also side trips equally low. The stop over privileges within limit. Rock Island is the short line and the cheapest. For other information call

on or address us. J. H. PHILLIPS, Agent.

Our people are growing more and more in the habit of looking to Wichita druggists for the latest and best of everything in the drug line. They sell Chamberlain's Cough Remedy, famous you will be more than pleased with the

The ladies will find Warner's cele bruted health corsets, all sizes and colors, at J. L. Hodge's opp. Hotel Carey

Exchange stables at Oriando and Still water. We make a specialty of carry-ing passengers between these points. Traveling men's natronage solicited SHIVELY, VAN WYKK & SHIVELY.

CHANGE OF TRAIN SERVICE ON THE ROCK ISLAND ROUTE.

Commencing Sunday, Dec. 8, train to 7, leaving Wichita for the South at 4.32 a. m. will run daily except Sun-day and train No. 4, leaving for the North at 12:15 a. m. daily except Sun-North at 12:15 a. m. daily ex

Kansas cheese, 2 lbs. 25c. Dunn Bro

When Buby was stoll, we gave her Clanoria, When she was a Child, she cried for Castoria. When she became Miss, she clong to Castoria.

CRIPPLE CREEK

When she had Children, she gave them Casterla

NINETEENTH CHATURY Is easily reached via, the Great Mis sourl Pacific Railway, either via Pueblo, Colorado Springs, or both Colorado express leaves Wichita daily at 5:20 p. m. arriving at Pueblo c Colorado Springs for breakfast. Cris Pueblo or Colorado Springs.

Bulk Olives, 15c qt. Dunn Bros. 74-2:

ARE YOU GOING TO KANSAS CITY: REMEMBER THE LISSOURI PA-CIFIC RAILWAY COMPANY

Main street. Depot somer Second and times as long as common oilcloth-

## SCHOOL AND CHURCH,

-Dundee proposes to turn its college into a university. This will make

-Rev. J. A. Roudthaler, of the Tabernacle Presbyterian church, Indianapolis, has been forced to resign on account of his congregation's dislike to

ing we sell is the best in the was lately apostolic nuncio to Brazil, is the son of a Genoese Tongshoreman world for the price, as you and was brought up in poverty and selfcan readily prove by in- sacrifice. He was educated at the specting the short-trouser Jesuits' college in Genoa, became a boys' suits that we sell for member of the Carmelite order, and eventually the general of the order, the highest post attainable.

-A history of the shrine of St. Dominic in Bologna, with the bas reliefs of Niccolo Pisano, the cradle of Christian sculpture, as the Church of St. Francis at Assisi is the cradle of Christian painting, has just been published with 37 heliogravures by Father Berthier, of the Catholic university of Freiburg. The letter press is the work of the nun

printers of Freiburg. -Dr. Percival, bishop of Hereford, and before his elevation head master of Rugby, has been asking schoolmasters through the Times "to invite their boys while pocket money is still unexhausted to give something for the distressed Armenians," saving at the same time "that there is no better subject for a sermon to English boys than Turkish misrule, viewed in the light of Chris-

tian morality." -A riot took place in the great hall of the University of Rome on the occasion of the commemoration for the soldiers who fell at Amba Alagi in Abyssinia. A body of socialistic students interrupted the professor who was delivering the seldress with shouts of "Down with the African policy!" "Down with Crispi! "Hurrah for Menelek!" A chair was thrown at the ringleader, and in a moment everything movable in the hall was smashed, the free fight ending in the "Africans" driving out the "Anti-Africans" and marching through the streets to the Plazza dei Cinque Cento, where they deposited wreaths on the Dogali monument.

-The Christian Advocate brands as false the statement that Bishop Taylor supports the Methodist missionary operations in Africa by trading in tobacco with the natives. "When Bishop Taylor first went to Liberia," it says, "the of the Kroo coast was leaf tobacco. Two of our Methodist missions used it needs and for the landing of supplies sent from New York. Then Bishop Taylor introduced laundry soaps as small currency, and his son, Ross Taylor, has sent from a firm in this country from three to five tons at a single shipment, sixteen ounces to a bar, to serve the purpose of currency."

## ROOM DECORATIONS.

Methods to Secure Heightening and

To make a room appear higher, the plane surface of the celling should be decreased by the moldings of the cornice, by panels, or, in the absence of these, by bands of color performing the same office. A vertical system of line should be adopted in mural decoration, and the mantel should be lower.

To make a room appear lower, exactly the opposite treatment should be adopted; that is to increase the plane ceiling, adopt a horizontal system of mural decoration, with a jade and a high mantel.

To make a room appear wider is accomplished, to a certain extent, by mak for its cures of bad colds, croup and ing it appear lower; but where this is whooping cough. When in need of such undesirable, or where it is insufficient, a medicine give this remedy a trial and the effect can be reached by adopting a mural decoration on a graduated scale of form, decreasing upward, so that two or more patterns at the top like those at the foot are found to oc cupy the same space as one at the foot and this effect can be much increased by a graduation of color upward from dark to light.

To make a room appear narrower i accomplished, to a certain extent, by making it appear higher; but where this is undesirable, or insufficient, it can be obtained by adopting a strongly drawn large pattern in strong color for mural decoration.

To make a room appear longer is to an extent accomplished by making it appear lower and narrower; but where this is undeslyable or inefficient the ef feet may be obtained by decreasing the scale and strength of color of the murai

decorations adopted at the end. To make a room appear shorter is ac complished, to an extent, by making it appear wider and higher; but the ef fect can be achieved by 'ncreasing the scale and strength in color of the mural decorations adopted at the ends.

Any of these effects can be modified or increased by the treatment of the floor surface, whether by the carpets, the rugs or painted Loards, or by parquet flooring: lines running across room, or rugs laid down at intervals, having the effect of shortening, and, consequently, to an extent, of heightening and widening a room. Lines runnlog in the length increase the di angusions, and to an extent reduce the beight and width. A polished floor in creases the apparent height of an apart ment by reflecting all vertical lines and prolonging them .- English Mechanic.

Ctilining Old Carpets.

A good floor covering may be made from an old Brussels carpet. Nail it ts the ony line that runs a strictly lossely wrong side up to an attic floor Wichita-Kansas City train. Leaving and point with a thick coat of linseed Wichita at 935 p. in. attiving at Kanwichits at 9:05 p. m. arriving at Kaness City next morning at 7:26. This train is made up at Wichita, and therefore always leaves on time. Nice chair cars and Pulliman elegies.

Notice the leaving time, and the next lime you go to Kanesas City take the Missouri Pacific. Always on time. Never late. Fine equipment. Leaves Wichita at a reasonable hour and arrives at Kanesas City neither too late nor too early. Ticket office 114 North Main street. Depot sorner Second and times as love as comprose adjects.

## CRIPPLE CREEK MINES.

The Output of the New Colorado Gold Fields.

Some Valuable Information About the Operations of the Owners and Prejectors of Claims-Stock Speculating.

Cripple Creek, so far as is now known, embraces a little area with a ratins of not more than three miles. It contains, all told, perhaps eight or ten square miles of ground. This at the outside world yield 600 or 700 full claims. On these there would be a possibility, I do not say a probability, of finding veins rich enough to bear the cost of

most of them. Of these 12,000 claims of course the ore. In other words, there are 10,000 another."-Indianapolis Journal. odd claims in the district that so far nothing at all.

upwards of 900 companies have been organized thus far to operate in the dis-Same Opinion.—Miss Betty—"I And of the latter but 12 of 15 are divi- be."-Detroit Free Press.

of this or that company which will be was it?" a dividend-payer the very next week, or the very next month, or something - "Why did you break off your enyear ago stock in the Portland was sell- Is not George."-Fliegende Blatter. ing at 40 cents, and now it is somewhere around 200, and paying a dividend of 12 per cent. on its value. There all sorts of worthless and "wild-cat" all sorts of worthless and "wild-cat" odder mules was sellin' fer 290."—Indischenes that are thrown on the anapolis Journal. market. But if you will recall to mind that the gold kings of California did not make their money mining in the exchanges, you may perhaps conclude to keep your money in a safe place. I do not mean that all of the stocks offered on the exchanges of Colorado are worthless, but I do mean to say that it made me."-Pick-Me-Up. most of the companies that are being floated or offered in the east are the sort that have no standing, or will bring in Colorado nothing like the price asked for them east. It is a fact that

which is required for success in any and Jerrys." one-that is, speculating in stocks.-Harper's Weekly.

## STANLEY AND THE CONGO.

Journey Down the River. New York Herald in defraying the long as the horse was fast. and between Zanzibar and the Lower | ton Herald.

It may easily be understood why, on envious that England should avail herself of it. In 1816 England had dis-

minated disastrously 200 miles inland. In 1873 Capt. Grandy, another English officer, had attempted the task. In

1876 Admiral Hewitt's expedition had suppressed the pirates of the Lower Congo. For over 60 years England had kept watch over the Congo slavers. Half of the expenses of my expedition had been contributed in England. She was also rich, tender and just toward the natives, and her people were the best colonizers in the world. All these facts were, in my opinion, claims that might justify England in stepping forward and taking possession.-Henry M. Stanley, in Century.

## PITH AND POINT.

-Kate-"Just look, these boots are working. There are in the district, as ever so much too big." Mary-"Yes; far, some 12,000 located claims. You you must have given him the number of may judge of the probable value of the the street instead of the number of your shoe."-Boston Transcript.

-Useless Effect .- "I have a story for many are merely fractional. About you that will make your hair stand on 1,300 are patented, and have title estable end." "Well, what good would that do? lished. Of these 1,300, 200 are shipping |I don't know one note on the plane from

-Squildig-'What doctor did poor as developed are practically worth Jaysmith have?" McSwilligen-"He had two of them. One was Dr. D-, To put the matter in another way, but I forget the name of his accomplice."

trict, and dozens more are being put think Harry Donough is just as nice as in the field each week. Of these 900 or he can be." Miss Nettie--"Well, I think more companies about six per cent., of he's horrid." Miss Betty-"So do I, but 50 or 60 in all, own producing mines, he can't help it; he's as nice as he can

-Mrs. Chatterbox-"Do you ever Of course, in the clever and seductive make any errors in speech?" Mrs. circulars which the countless mining Wordsworth-"Yes; I made one a few brokers scatter broadcast, you will read years ago." Mrs. Chatterbox-"What Mrs. Wordsworth-"I said

like that, and whose stock may be gagetnest with Miss Bertha?" "Be-bought now for a song, and later be cause her parrot was always saying: worth par. And they point to numer- Stop that, George." "But what difous instances-to such splendid mines ference did that make? Your engageas the Portland, for example. Just a ment was not a secret." But my name

-"So vo' kin be coaxed but not druv, kin vo'?" said Uncle Mose to the young vellow man who had just declared himare a number of such instances as this, self. "My ole marster had a mule ob world for names wherewith to invest so that it is slight wonder that people dat kind, an' when do ole man died dat the various preparations of vegetables, beast brought jis' sebben dollars, w'en cereals and fruits. To America they

-Mrs. Nouvo Reesh-"She called me hills, but by manipulation on the stock ber hair." Mrs. Toplofty-"Oh. how ter- of cheese, forbidden by some of the rible! Still even that didn't justify you strictest followers of vegetarianism,

### SLEIGHING NOT WHAT IT WAS Seasons Are Too Brief, and Customs Have

Changed of Becent Years.

In the past few years sleighing has claims next adjoining a bonanza mine old days one of the chief attractions only small currency in use in portions than is ever taken out of the mine it for sleighers was the road houses, and In Colorado, or, for that matter, all public an afternoon of the sport was in the purchase of rice for absolute over the mining west, they divide mine not complete without a visit to one owners into producers and consumers of those famous hostelries of the road. -into the men who put money into a But commercial improvement was the ceiling. If they are to be truly enmine and the men who get money out cause of the downfall of these hosof it. The meaning of this is that mining has come to be a business or a science which requires skill and training, shins before cheerful fireplaces and fair quality and full weight, eight and and technical knowledge, and the same warm up the inner man with steaming amount of shrewdness and ability "hot scotches" and substantial "Tom

other line of trade. There may be | Sleighing, as it is indulged in to-day, greater follies than for an eastern man is more of a passing show than in forto put his money into Colorado gold mer years. To be sure, there is a little mines. Just at the moment I think of speeding down the center, but this mining feature does not bear comparison with the fast and furious driving which once characterized the sleighing on the Arsenal road and the "mile ground." The Great Explorer Tells of His First | The racing over the snow was the attraction then, and the people who did The geographical world was anxious | not join in the lively brushes found amto know what was this mysterious river ple enjoyment in watching the fun the quest of which had occupied Liv- from the side lines. Any kind of a ingstone's declining years. The Lon- sled on runners was good enough, and don Daily Telegraph joined with the style did not cut much of a figure, so cost of this second expedition. The the sport has not lost any of its popustory of how I set out a second time larity, those who indulge in it have from Zanzibar, circumnavigated the of late shown a decided inclination Victoria Nyanza, discovered Lake Al- for showy turnouts, and the frequentbert Edward, voyaged around Lake ers of the Brookline boulevard seem Tanganyika, and reached Livingstone's to take as much delight in exhibiting farthest point - Nyangwe - on the their nobby sleighs as they once did banks of the Lualaba, has been told in in showing the pace of their sleekdetail in my book "Through the Dark | coated roadsters. Handsomer sleighs Continent." It also relates how, after will be seen this winter than ever bea tedious land journey parallel with the | fore, and the craze for novelties is on river, I made ready my English boat, the increase. There is no vehicle in collected about a score of native cantes, which there is so great an opportunity embarked my followers, and how, after for beautiful lines as in the sleigh, a course of nearly 1,800 miles, we and none which has in late years been reached the Atlantic ocean at the more improved in that direction. The mouth of the Congo. By this river voy- manufacturers are continually aiming age the question which had puzzled at the artistic, while keeping comfort Livingstone for 11 years was solved. and lightness in view. This year's rigs It is a noticeable fact that when I began | show a remarkable brilliancy of color my descent of the Congo I was the only | instead of the sober colors of other white man's excepting my companion, years, all of which seems to indicate Frank Pocoek-to be found between an evident desire to make the sport the Zambesi and the Bahr-el-Ghazal, a more enjoyable one than ever .- Bos-

## Vegetarians Use Fleshly Names.

FASHIONS

FREE

Ways to Get These Send 1 Coupons, or Send 1 Coupon and 8 cents, or Send 10 Cents without any coupon, to

Illustrated by 6 dolls with 21 dresses, 6 suits, 28 hats,

and 35 other articles, furnishing the ladies with the latest French fashions as well as the children with an amusing toy.

Blackwell's Durham Tobacco Co., Durham, N. C., and the

Fashion Dolls will be sent you postpaid. You will find one coupon inside each 2 oz. bag, and two coupons inside each 4 oz. bag of

BLACKWELL'S GENUINE

DURHAM TOBACCO.

Buy a bag of this Celebrated Smoking Tobacco, and read the

coupon, which gives a list of other premiums and how to get them.

2 CENT SYAMPS ACCEPTED.

BE-+++++++++++++++++++++++++

Vegetarian restaurants are by dereturning from the discovery of the greek giving up the use of such titles great African waterway, I should be for their dishes as convey the idea of a meat diet, but they still find the word "steak" indispersable. Otherwise their patched a naval expedition under Capt. bill of fare is much improved and of a

# Tuckey to ascend the Congo, but it ter-

CASE

No. 1822

No. 1822

No. 1822

No. 1822

This was a young lady attending a boarding school as a post graduate. She had pains resembling ocilic, which extended to the small of the back, accompanied by severe, dull headache. Her hands, feet, arms to the elbows and limbs to the lines would be very cold. Dark rings showed under her eyes, and there would be chilly sensations almost equal to ague. These pains would continue several days. The matron gave her McElree's Wine of Cardui three days before the usual sickness, and for the first time in her life she passed the period without pain. She uses the Wine every month, is in excellent health, and has gained nineteen pounds in flesh.

OF FEMALE DISEASES. A wealthy planter's wife from Mississippi was for years troubled with terrible pains in her limbs, hips, abdomen, head and neck, at each return of the meastrual period. So great were these pains that her eyes would set, her lips turn blue, her teeth become set together, her arms to the elbows, feet and legs to the knees would be cold and cramp, and this intense

CASE No. 15980

together, her arms to the elbows, feet and legs to the knees would be cold and cramp, and this intense suffering would often continue for hours at a time. Treatment by celebrated physicians, change of climate, a trip to Europe and visit on medicinal springs did her no good. For five years she endured this suffering every month. She tried McEiree's Wine of Cardai and found relief the first month, and in six months was entirely cured.

CASES REPORTED CURED BY THE

This was an unmarried lady twenty-five years of age. In 1830

CASE

No. 3508

This was an unmarried lady twenty-five years of age. In 1850 she was taken with severe flooding, reducing her strength so that she was confined to her poem, and much of the time to her bed, for several months. The least exertion or over-indulgence in food would bring on an attack. She floally was able to be up and about the was able to be up and about the ment would be followed by the appearance of the mease, great weakness and depression of spirits. She took three doses of McEire's Wime of Cardul a day with emulsion of ced liver oil, walked in the open air every day, and took a daily all-over hath as cold as she could bear it. By this treatment, in three months, she was well.

This was a woman twenty-three years of age, who had suffered every month for nine years. The pains were in her back, limbs and the lower part of the bowels. The sides of her breasts would be so sore that she could hardly endure the weight of her dress. She became very despondent, and had such strange feelings in her head and breast hat she believed she were sleetle of Wallbreak Wilne of

CASE No. 1431

and breast that she believed she was going got a bottle of McElree's Wine of Cardul a of Thedford's Black-Draught, with instruhabits and diet, and took the Wine three during the menstrual week, and regulated with Thedford's Black-Draught tea. The she reported that she had less pain than a before, and the second month none at all.

McElree's WINE OF CARDUI has accomplished just such cures as these reported in our own city. Thousands of women found relief by its use last year. It has brought about a revolution in the treatment of Female Diseases. You can use it in the privacy of your home. All Druggists keep McElree's Wine of Cardul, 81.00 per bottle.

## 

cold December day, and "braised onion with tomatoes" appeals to many. But what is "vegetable turkey?"

It seems to be rather a confession of weakness to be dependent on the animal owe many forms of succulent and tempting food, such as fried corn, maize with plums, and pincapple pudding a bar maid, and I flew at her and pulled made from the tinned fruit. The use in fighting her." Mrs. Nouvo Reesh- enables the caterer to offer such savory "Yes, but if you had ever been a bar dishes as Weish rarebit, cheese fritters maid, you would understand how mad and custards, and the otors that are emitted are of the most savory and appetizing description.-London News,

Dining-Room Decorations. One of the prettiest decorations for dining-room walls in houses of moderate price is pottery and brasses in the more money is always spent on the undergonea marked change. In the good form of plaques, jugs, beer mugs and other articles of fine shape or color. Such articles need not be expensive bits to a large majority of the sleighing of china that it would break one's heart if they came to grief. Such things make a charming over-mantel decoration, covering the entire space to the joyed, however, they must be securely placed, and are not recommended to the woman who is her own maid.-N Y. Post.

## FOR THE HOUSEWIFE.

Hints Which the Wise Woman Will Do Well to Note. more cheerful than the small square varies from a bright red to a coalof linen in the center of a bare oak table black. He has over 60 specimens, which cines and treatment put together. now preferred. The colored cloths now shows that he has averaged a new sale at 50 cents per bottle by druggista. serve as a cover when the table is not "steady" every two months during the in use. There are very pretty ones, in time he has been gathering his collecdelft blue and white; and another dain- tion. Some of his specimens have ty pattern shown is on pale pink and faded badly, showing that the haid had

fold it, lay it on a plate, and stand in prizes his collection very highly and the gums, allays all pain, cures wind fold it, lay it on a plate, and stand in prizes his collection very highly and colle, and is the best remedy for the refrigerator over night. This will keeps it locked up for fear some one diarrhoea. Twenty-five cents a bot-lmprove a good plain pasts so that it will steal it. Whenever he sees a girl the, Used by millions of mothers. is almost as flaky as a puff paste. In with a shade of hair which is different sealing a pie moisten the inside, but not from anything he has in his collection on the edge, with a pastry-brush dipped he immediately goes after her and she in water or the white of an egg. Put becomes his "steady" until he gets a the upper crust in place and press the lock of her hair. Then he goes after two together with the thumb dipped another girl with a new shade of hair. in flour. Press together, but not on the He has heard of girls who had blue exact edge, or the pastry will not rise, bair and is now looking for one. He

yet it is immaculately clean in every the blue mustache, but was afruid to nook and cranny of the compartment, isk for a specimen.-Atchison Globe. pour some boiling hot soda water down the escape pipe and look at the fearfully and wonderfully made rope of solid matter that is washed down by the soda water. The pipe ought to be thus flushed once a week to keep the refrigerator sweet. No servant does this of her own free will. Many mistresses don't, either. Pour in cold water afterward to cool off the box and wipe dry. Food keeps better in a dry, cold atmosphere than it can in a damp, cold one.

A great many women in this world who fancy themselves good cooks spoil every hit of food that they prepare, except, perhaps, hard-boiled eggs and baked potatoes. They are careless and indifferent. If a recipe calls for more than they hoppen to have they make it up with water; if they do not happen to have the herbs and seasonings for the turkey stuffing, they do not bother to go or send to the grocer's for themust leave them out. They cut down the amount of butter that a recipe calls for because butter is expensive, and the result of these little economies and carelessnesses is that the food is flavorless, spiritless and wearisome to the polate. Really, they waste a good deal because the food, not being especially good, is not all esten, and some must be thrown awar. Generally, economy is excellent, but not economy of that

When particular baking is receiving attention and several unfamiliar dishes are being manufactured, it is of special importance to have the own in perfeet condition, and as far as possible under the control of the cook. The best of stores, says an experienced bousewife, are tricky sometimes, and bear watching. Nearly each one has its pet seculiarity. A tendency to burn at the bottom, or a hebit of scorehing at the top, while the lower part remains raw and sedden. Familiarity will enable the cook to correct these difficulties. The will overcome the first fault by placing the grating of a pan under the baking dish, and the other by covering the cake or loaf with a pan or paper

more inviting character than it used to of manilla paper laid over the top of formly tender. Drain, and serve with "Indian broth" rends well on a a cake will insure thorough, even bakfore the cake was baked through.-Chicago Inter Ocean.

## Asthmatic Attacks.

The immediate cause of the distress breath is the contraction of the bronchioles, which prevents the exhalation of the air from the lungs without the greatest effort. Temporary relief from on asthmatic attack may nearly always be obtained by causing the patient to inhale some parcotic vapor, by means of which the pneumogastric nerve is obtunded, and thus the spasms are made to cease. This, however, is objectionable, as it not infrequently gives rise to a drug habit. Before trying the narcotic, it is best to obtain relief, if possible, by attacking the cause of the trouble. For instance, if it be accompanied by a fit of indigestion, washing out the stomach by means of a stomach tube will often relieve the most distressing paroxysm. If caused by a prolapsed stomach or a free kidkey, permanent relief may be obtained by restoring these organs to proper position. Hot and cold sponging of the spine and the application of an ice compress, or a rubber bag filled with broken ice, on the front part of the neck, are also means which have been found of great service in this trouble.-N. Y.

Ledger.

been dyed. One specimen has changed If you wish pie-crust to be very nice, from a deep black to red and gray. He When the ice chest smells queer and claims to have seen a girl with a lit-

## ON THE WRONG SIDE. One Woman's Search for Her Ancestors Resulted in Disappointment.

She had been invited to be present at the reception of the Daughters of the American Revolution, and her heart glowed with patriotism as she beheld the American flags, shields, coats of arms and streamers with which the room was decorated. The speeches added to her exultation, and she felt the blood of fighting sires running like fire through her veins.

The woman in the stunning chinchills cape and blue veivet gown, who really didn't "look as though she had ever had any ancestors," had discovered a friend in the dowdy woman in gray and the outsider heard her say: yea; I belong. My children can trace their ancestry back through five lines to the Norman conquest."

A little gasp from the recipient of this information broke the amestruck pauce, and then, regulning her breath, the dowdy woman, with her nose top tilted, said: "They are fortunate indead. We are proud of our two lineal tracings to the days of King Arthur; but only claim our ancestry back to the revolution, since we live in a republican country."

The spirit of envy devoured the woman who was not a "Daughter." The very next day she put into effect her resolution to find out the names of her revolutionary ancestors, for she way Topeka Avenue Hotel assured she must have had them. For three days she searched records, and the fourth day she searched again. Rates \$1.00 per Day. find "ran them to earth." "James Brown who married Maria, daughter of Jones and Ellen Smith," dated back to 176) for the time of his marriage, and she sighed a great sigh of relief. Butalas for ambition-he fought on the tory side!-N. Y. Herald.

## Cabbage with Cream Sauce.

Wash thoroughly a medium-sized Plungs the cabbage into slightly suited until the bottom is done. A plain were boiling water and boil it until it is uni-

a sauce made by mixing together one ing, when without this arrangement and a half ounces of fresh butter and the top would become scorehed long be- a scant tablespoonful of flour until creamy; add to this half a pint of warm milk, a small teaspoonful of sait and a sprinkling of cayenne. Put in a farina boiler and cook until it will eling lightly to the spoon, then add another owner of an asthmatic patient struggling for and a half of butter and a teaspoonful of lemon juice, stirring until smooth .-Ladies' Home Journal.

## This May He the Reuson

They were discussing the training of shiidren. "Don't take any stock in all thesa

books that pretend to tell you all about the subject," advised the older matron, "But I found them so serviceable in many ways," protested the younger.
"Nonsense," returned the elder,

"They are of no value whatever." "They are a little contradictory at times, but-but-" "Pooh! How do you think children

were brought up before these books were written? Eve had none." "That's true," admitted the younger matron, thoughtfully, "and you should remember that Cain went wrong."-

## Chicago Post.

With the Beiresees. She-This decimal system is so simple! I don't see why they don't use our money in England.

He-Ther do, as fast as they can get it over.-N. Y. World.

Threw Away Bis Caues Locks of All Colors.

An Atchison young man gers a lock

Mr. D. Wiley, ex-postmaster, Black
Creek, N. Y., was so badly afflicted
with rheumatism that he was only able There is little change to record in of hair from every new "stendy" and to hobble around with cases, and even table linen, except that the pretty col- has collected an elaborate array during then it caused him great pain. After ored lunch cloths are no longer in the ten years he has been in the market. using Chamberlain's Pain Balm he was vogue, and I am sorry. They were much The color of the hair in his collection his canes. He says this liminent did

> Take the Ferguson stage from Perry to Pawnee. Meets all trains. 143 tf

Advice to Mothers. Mrs. Winslow's Soothing Syrup should always be used for children teething. It soothes the child, softens

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